

SYNAGOGUES

All Synagogues are Orthodox

Tempio Maggiore (Italki) - Lung. Cenci (Tempio) *
Shabbat 8.30 a.m. - daily 7.45 a.m.

Open only for prayer:

Tempio Spagnolo (Sefardi) - V. Catalana *
Shabbat 8.00 a.m. - daily 7.00 a.m.

Tempio dei Giovani - Panzieri-Fatucci (Italki) *

Piazza S. Bartolomeo all'isola 24

Shabbat 9.00 a.m.

Oratorio Di Castro (Italki) - V. C. Balbo 33

Shabbat 9.30 a.m. - daily 8.15 p.m.

Tempio "Ashkenazita" (Ashkenazi) - V. C. Balbo 33

Shabbat 10.00 a.m. - daily 7.30 a.m.

Tempio "Beth El" (Sefardi) - V. Padova 92

Shabbat 7.00 a.m. and 10.00 a.m. - daily 7.30 a.m.

Tempio "Beth Shmuel" (Sefardi) - V. Garfagnana 4/a

Shabbat 7.00 a.m. and 9.30 a.m. - daily 7.30 a.m.

Tempio Tripolino (Sefardi) - V. Pozzo Pantaleo 46

Shabbat 9.30 a.m.

Tempio "Beth Shalom" (Italki) - V. Pozzo Pantaleo 52

Shabbat 9.00 a.m.

Tempio "Beth Michael" (Italki) - V. Fonteiana 102

Shabbat 9.00 a.m.

TAANIT 17 TAMUZ

July 13th see Daily Service

(starts at 4.34 a.m. and ends at 9.17 p.m.)

TISHA BE AV

Eve August 2th see Daily Service

Taanit starts at 8.15 p.m.

August 3th see Daily Service

End of Taanit at 8.56 p.m.

ROSH CHODESH ELUL

August 24th see Daily Service

August 25th see Daily Service



Yotvata Kasher Restaurant
Speciality of Jewish Rome
Original Italian PIZZA LIGHT FARE
Open on Shabbat Lunch for Groups
Piazza Cenci, 70 - Tel. 0668134481

TIMETABLE OF TEFILLOTH

DATE	FRIDAY NIGHT MINCHA	CANDLE LIGHTING WITHIN	SATURDAY NIGHT ARVIT	MOTZAE SHABBAT	DAILY MINCHA ARVIT
July 7 th	8.00 p.m.	8.29 p.m.	9.20 p.m.	9.32 p.m.	8.45 p.m.
July 14 th	8.00 p.m.	8.26 p.m.	9.05 p.m.	9.28 p.m.	8.30 p.m.
July 21 th	8.00 p.m.	8.21 p.m.	9.05 p.m.	9.23 p.m.	8.30 p.m.
July 28 th	8.00 p.m.	8.14 p.m.	9.05 p.m.	9.16 p.m.	8.30 p.m.
August 4 th	8.00 p.m.	8.07 p.m.	8.50 p.m.	9.08 p.m.	8.15 p.m.
August 11 th	8.00 p.m.	7.57 p.m.	8.35 p.m.	8.59 p.m.	8.00 p.m.
August 18 th	8.00 p.m.	7.47 p.m.	8.35 p.m.	8.49 p.m.	8.00 p.m.
August 25 th	7.45 p.m.	7.37 p.m.	8.20 p.m.	8.38 p.m.	7.45 p.m.
September 1 th	7.30 p.m.	7.25 p.m.	8.05 p.m.	8.26 p.m.	7.30 p.m.
September 8 th	7.00 p.m.	7.13 p.m.	7.50 p.m.	8.15 p.m.	7.15 p.m.
September 15 th	7.15 p.m.	7.01 p.m.	7.50 p.m.	8.02 p.m.	7.15 p.m.
September 22 th	7.00 p.m.	6.49 p.m.	7.35 p.m.	7.50 p.m.	7.00 p.m.

JEWISH MUSEUM AND MAIN SYNAGOGUE OF ROME

Lungotevere Cenci (Synagogue) - Tel. 06.68400661

Sunday- Thursday hours 10.00 a.m. 17.00 p.m.

(from July up to September 10.00 a.m. 19.00 p.m.)

Friday, Sunday 9.00 a.m. 14.00 p.m.

(from July up to September 10.00 a.m. 16.00 p.m.)

Groups (over 10) by appointment only

FOR A GUIDED TOUR OF THE GHETTO PLEASE CONTACT:

MRS. GRAZIA SONNINO TEL. 349 0070145

MRS. MICHAELA PAVONCELLO Tour of the Jewish Museum, Main Synagogue and Ghetto

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Via Eleonora D'Arborea, 40/42
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Bologna
Tel. 06.44231457
www.kosherinrome.it

SOME HISTORY OF THE JEWISH ROME

Evidence shows that the Jews settled in Rome as early as the II century b.c.e. The Roman Jewish Community was created before the Diaspora and it has survived up to now without a break, under several religious, social and political conditions throughout the centuries. It was a large community during the Roman Empire period (when it counted at least 40,000 Jews and 13 Synagogues). Under the Popes, the Jews in Rome had limitations and difficulties to endure, which varied depending on the ruling Pontiff. In the Middle Ages they were even compelled at some stages to wear badges, while in the Renaissance the Jewish culture was somehow to honour the Papal Court. Until the XIXth century c.e., Rome hosted at least 9 Synagogues scattered in the various areas where the Jews lived. In 1555 Pope Paul IV compelled all the Jews living throughout the area under his control (ie. Central Italy) to either gather and reside together in the just-organised ghetto of Rome or leave the territory.

Rome has always been an important centre of the Jewish culture. Out of the leading characters of such a culture, we might name Tannà Mattya Ben Cheresch, author of Aruk and Shabboleh Halleqet, the cabalist Menachem Recanati, the poet Immanuel Romano, and the biblical exegete Ovadia Sforno. The first Jewish books in history were printed in Rome around the year 1472 c.e.

For three centuries, ie. up to 1870 c.e., the Roman Jews endured a hard life in the ghetto. Those who lived in that poor area had heavy limitations imposed on them, and the whole neighbourhood was overcrowded since the very beginning. There, Jews were only allowed to lend money or sell rags, and had to listen to christian sermons in churches; moreover, they were only allowed to maintain one Synagogue inside the ghetto, and no one outside it, so that in one building there were five Scola (Schools) together. With the unification of Italy, in the XIXth century c.e., the Jews obtained emancipation and became Italian citizens. To emphasise the Jewish political equality, new Synagogues were built in Italy as monuments, and domed. However the very heart of the Jewish life in Rome is in the ghetto area, where the Jews meet and where there are the Main Synagogue with the Museum, the Palace of Culture, the Schools, a bookshop, restaurants and fast foods.

JEWISH PLACES

THE ARCH OF TITUS. The Arch was built to honour Vespasiano and Titus, to commemorate their victories over the Jews of Judaea and the destruction of the Temple of Jerusalem in 70 c.e. There, we have the oldest representation of the Temple Candelabrum, (the Menorah), today the symbol of the State of Israel.

THE SYNAGOGUE OF OSTIA ANTICA. The ruins are the oldest remains of a Synagogue in the Western world; they were discovered in 1961, and date back approximately the I st to the IVth century c.e. The Synagogue included a prayer hall, a well, a ritual bath (miqwé), a room with an oven for the matzos and a marble table. Its size would suggest that also Ostia's community was quite large.

THE MAMERTINE PRISON. This prison was a detention and killing site for important enemies only. There, Aristobalus, king of Judaea, and Bar Guiora, defender of Jerusalem, had their heads cut.

JEWISH CATACOMBS. The catacombs were the official Jewish burial sites. Their remains still show decorations with epigraphs in Latin and Greek and Jewish letters, while some frescoed burial rooms also show pagan symbols. The sites that can still be visited are in Vigna Rondanini and Villa Torlonia (closed at present).

PORTICO D'OTTAVIA AND THE JEWISH QUARTER. The Portico d'Ottavia consists in the ruins of an arch that overlooked two pagan temples: today it gives the name to the Quarter. The main Synagogue was built at the beginning of the XXth century c.e. in this area, the former "ghetto", which was dismantled at the end of the XIXth century c.e.



ק"ק רומא יע"א - משרד הרבנות
JEWISH COMMUNITY OF ROME
RABBINICAL OFFICE

LUNGOTEVERE CENCI
TEL 06.68400651 - FAX 06.68400655
ufficio.rabbिनico@romacer.org



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The inside of the Dome of the Main Synagogue in the ghetto quarter.

בס"ד

בס"ד

ברוכים הבאים

Welcome to
Jewish Rome

SUMMER
5766 - 2006

Photo by Sira Fatucci

INFO KASHERUT

Bread can contain forbidden ingredients: it is preferable to eat Pat Israel bread only, otherwise we suggest that you buy bread after checking the ingredients, that must be only: *flour (farina)*, *water (acqua)*, *brewer's yeast (lievito di birra)*, *salt (sale)*. Usually loafs (*pane casereccio*), home-madebread and rosette (high diamond-shaped sandwiches) do not contain forbidden ingredients: it is therefore advisable to buy such bread only.

Pat Israel products can be found at:
Antico forno del Ghetto Piazza Costaguti n. 30 - Tel. 0668803012 *
Panificio Scarfò Via Padova 84 - Tel. 0644291117

Kosher certified products are available in the authorized shops. Should it be impossible to find kosher - certified products we recommend that you check the ingredients. Some of the forbidden substances commonly used are: aceto (vinegar), albumine (albumins), alcool, brodo (broth), brodo di carne (meat broth), formaggio (cheese), grassi o olii alimentari/animali (food or animal fats or oils), idrogenati o emulsionati (even if hydrogenated or emulsified), maionese (mayonnaise), pangrattato (crumbled bread), pesce (fish), proteine (proteins).

Here is a list of some products available on the Italian market which are authorized but not certified.

- BISCUITS - BISCOTTI**
- Bahlsen** Afrika, Akora, Butter Leibniz, Hit, Leibniz Butterkeks, Leibniz Choko, Waffleletten.
- Bisconova** Savoirdi sponge fingers.
- Lazzaroni** Almond cakes: Amaretti Saronno, Amaretti morbidi, chocolate & almond cakes.
- Loakers** all wafers.
- Lu Champagne**, Egg cuiller, Pim's (orange, lemon), Barquettes (apricot, strawberry, fruit).
- Mulino Bianco** (Only if produced in Castiglione delle Stiviere and Novara, marked with a circled B or D) Abbracci, Campagnole, Canestrini, Ciocchini, Cuor di Mela, Baiocchi, Frollis Cacao e Cereali, Frollis milk and cereals only, Cerealix Chocolate and Milk only, GranCereale Croccante, Galletti, GranCereale Frutta e Fibre, Nuovi Intrecci, Macine, Mattutini, Michetti, Molinetti, Nuove Pannocchie, Rigoli, Pan di Stelle, Primi Raggi, Rigoli, Ritornelli, Rosa del Deserto, Spicchi di Sole, Tarallucci, Tenerezze (apricot, coffee, lemon, almonds), Io e Trenta Snack Muesli-Cereali and Mirtilli Cacao.

Pavesi (only if produced in Castiglione delle Stiviere or Novara, and then marked with a circled B or D) Gocciolo al Cappuccino, Pavesini, Pavesini Caffè, Cuoricini, Rollini, Crackers.
Tesori dell'Arca/Porretta snacks sold at PAM or META' supermarkets, produced by M. CORSINI in Crespellano (BO).

CEREALI
Kellog's All Bran Flakes, Chocos, Coco Pops, Corn Flakes, Corn Popos, Crunchy Nut Corn Flakes, Frosties, Frosties Chocolate, Honey Loops.
Nestlé Chocapic.
Weetabix Weetabix.

PRESERVED FISH
 Tonno all'olio **Palmera** (canned tunafish).
 Tonno all'olio **Rio Mare** (canned tunafish).
 Tonno al naturale **Rio Mare** (canned tunafish).
 Anchovies in salt: all brands.

CRACKERS
Gran Pavesi crackers all types but not "pomodoro e formaggio"
Wasa (INTEGRALI, WHOLEMEAL).
Weetabix CEREAL TABLETS, VARIOUS TYPES.

CRISPREAD - FETTE BISCOTTATE
Buitoni tipo integrale (wholemeal)

KASHER CHEESE CHALAV ISRAEL:
 Produced and distributed by "Yotvata"
 Piazza Cenci, 70

FRESH CHEESE CHALAV STAM:
Cuomo: Fiordilatte, Bocconcino, Treccia, Caciotta fresca 'Romana', Ovolette.
Galbani: Mozzarella St. Lucia, Fresco Tenero, Mascarpone, Bucaneve
Kraft: Mascarpone, Philadelphia.



KOSHER FOOD IN ROME

LOOK FOR THE VALID KOSHER CERTIFICATE OF THE RABBANUT OF ROME

- Restaurants**
- Ristorante "Can Eden" Meat** בשרי
 M Via Eleonora d'Arborea 40 - Tel. 06.44231457
 - Ristorante "La Taverna del Ghetto" Meat** בשרי
 Via Portico d'Ottavia 8 - Tel. 06.68212309 *
 - Ristorante "Oriental Food" Meat** בשרי
 M Via Livorno 8/10 - Tel. 06.4404840
 - Ristorante "Yesh" Meat** בשרי
 Via Silvestro Gherardi 51 - Tel. 06.5561697
 - Ristorante "Yotvata" Milk** חלב ישראל למהדרין
 Piazza Cenci 70 - Tel. 06.68134481 *
 - Le Bon Ton Catering Meat and Milk** בשרי וחלבי
 (only catering for delivery)
 M Via Casoria 19 - Tel. 06.7026889 - Fax 06.7026920
 email: lebonton@lebonton.it

- Fast food**
- C'è pasta ... e pasta! Milk** חלבי
 Via Ettore Rolli, 29/31/33/35 - Tel. 06.58320125
 - Chagat Meat** בשרי
 Via S. Maria del Pianto 66 - Tel. 06.6861267
 - Kosher Bistrot - Deli shop and sandwiches Meat** בשרי
 Via S. Maria del Pianto 68 - Tel. 06.6864398 *
 - Kosher Delight - Deli shop and sandwiches Meat** בשרי
 M Via Giacomo Boni 18/a - Tel. 06.44202626
 - Lechaim - Deli shop and sandwiches Meat** בשרי
 Via Zamboni 11 - Tel. 06.45432133
 - MKosher Meat** בשרי
 Via S. M. del Pianto 64-65 - Tel. 68192968 *
 - Paninoteca "Pizza e Festa" Meat** בשרי
 Via Portico d'Ottavia 1/b - Tel. 06.6893235 *
 - Pizzeria "da Michele"**
 Via dell'Umiltà 31 - Tel. 3492525347 Meat בשרי

Ice cream

- Bernasconi**
 Piazza Benedetto Cairoli, 16 - Tel. 06.68806264
- Dolce Kasher**
 V. Fonteiana 18/d - Tel./Fax 06.5809940

B & B

- Carmel**
 Via Mameli, 11 - Tel. 06.5809921
- Il Girasole**
 Via del Boschetto, 13 - Tel. 349.1820287
 info@soggiornoilgirasole.com
- Panteon view**
 Via del Seminario, 87 - Tel. 06.6990294

Products

- C'è pasta ... e pasta! - Home made pasta**
 Via Ettore Rolli, 29/31/33/35 - Tel. 06.58320125
- Kosher Bistrot**
 Via S. Maria del Pianto 68 - Tel. 06.6864398
- Kosher Delight - Kosher products**
 Via S. Gherardi 16/18 - Tel. 06.5565231
 Via S. Gherardi 44/a - Tel. 06.5565231
 M Via Giacomo Boni 18/a - Tel. 06.44202626
 Via Galla e Sidama 51 06-86327719
- Kosher Point - Deli shop**
 Via Orso Maria Corbino 17 - Tel. 06.5584363
- Lechaim - Deli shop**
 Via Zamboni 11 - Tel. 06.45432133
- Bakery Bernasconi**
 Piazza Benedetto Cairoli, 16 - Tel. 06.68806264
- Bakery "Bocconcino"**
 V. Portico d'Ottavia 1 - Tel. 06.6878637 *
- Bakery Dolce Kasher**
 V. Fonteiana 18/d - Tel./Fax 06.5809940

MIKVE'
 For information call the Rabbinical office at 06-68400651-2
 For appointments call:
 Main Synagogue: Mrs Giuliana Salmoni, tel. 339-8673784 06-45436576
 Oratorio Di Castro - Via Balbo 33, Mrs Gabriella Del Monte, tel. 06-7214210, 347-7169619

SHABBAT ACCOMODATIONS:
 Please call on Friday morning for information the Rabbinical Office at 06-68400651-2, e-mail ufficio.rabbinico@romacer.org
KIDDUSH WITH MEAL FOR GUESTS ON SHABBAT DINNER AND LUNCH AT VIA C. BALBO 33.
 On Shabbat, all kosher restaurants are closed; on Friday morning you can order Shabbat meals to take away. In July and August the restaurant Yotvata is open for groups for Shabbat lunch. Please reserve by phone at 06-68134481. On Fridays at 'Chagat' fast food a 'Shabbat Kit' is available with challot, wine, candles and a meal.

KOSHER RESTAURANT
 LA TAVERNA DEL GHETTO
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Reservations recommended - Closed Friday evening
 Via Portico d'Ottavia, 8 - Telephone 06.688.09.771

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